



Community Grief Support Resources

In the event that there is need for immediate crisis support, please contact 211 for Mobile Crisis or Call or text 911

Additional helpline numbers:

- National Suicide Prevention Lifeline – In Crisis call 1(800)273-TALK (8255) or 211 in CT or
- Crisis Text Line: Text CT to 741741
- National Disaster Distress Helpline: Call 1-800-985-5990 or text TalkWithUs to 66746

Other supports that are available in our area include:

Tri-Town Youth and Family Services – 860-526-3971 or 203-533-1937 <https://www.tritownys.org>

Westbrook Youth and Family Services –860-399-9239 <https://www.wyfs.org/>

Youth and Family Services of Haddam-Killingworth -860-345-7498 <https://hkyfs.org/about/>

Pathways Center for Behavioral Health

251 Westbrook Road Essex, CT 06426 | 860-767-1277

<https://pathwaysessex.com/index.php>

Child and Family Agency – Support group for adolescents starting November 9th at 4:00pm 12-17y.o.
(flyer separate) Group runs: 11/9/20-12/14/20

<https://www.childandfamilyagency.org/> | 190 Westbrook Rd Essex, CT 06426 | 860-767-0147

The Cove Center for Grieving Children - 250 Pomeroy Avenue, Suite 107 Meriden, CT 06450

For individual or group support at least 3 months after experiencing a loss. Call for more information.

1-203-634-0500 | info@covect.org

The Brian Dagle Foundation | Brian's Healing Hearts Center for Hope and Healing

461 Main Street Niantic, CT 06357 | 860-451-8354

<https://brianshealinghearts.org>

Yale School of Medicine | Childhood Violent Trauma Center

350 George Street, Fl 2nd Floor New Haven, CT, 06511

203-785-2540 (Child Study Center) or 203-785-7047 (Trauma Center)

<https://medicine.yale.edu/childstudy/communitypartnerships/cvtc/>